



TAJ GREEN COVE RESORT AND SPA, KOVALAM

The 16 acre Taj Green Cove has a kilometer of coastline, Balinese style villas nestled on a hillock overlooking the Ocean with a lagoon in between. Ayurveda and Jiva spa lead by a Naturopathy Doctor. Wellness Spa therapies as well as A holistic Wellness Routine is crafted on request by our Wellness Doctor. Sprawling lawns and wooden walkways along the coastline, jogging trails allow guests to run along different terrains, down the hillock from their rooms, along the lagoon and seaside. If tranquility is what you are looking for, the beach beds along the coastline will have you asking for more. The Infinity Pool and Fitness center overlook the lagoon & the ocean, the Ayurveda Spa room has a private plunge pool and dining nook. All Jiva Spa treatment rooms have a private stone sculpture garden view. The Taj Green Cove is a 20 minute drive from the Trivandrum International airport.

DE STRESS AYURVEDA PACKAGE

Taj Green Cove Kovalam brings a comprehensive and integrative health program for executives who are always under stress and under high risk of major illnesses. One of the best preventive tools, this program helps to understand the stress, its effects and ways to eliminate it through the Spa experiences and life style changes

COST IN USD PER ROOM PER NIGHT – VALID TILL 30 SEP'2019 FOR ALL THE PACKAGES

Room category	Single	Double
Superior Cottage Garden View King / Twin	AED 1676 per night	AED 2013 per night
Superior Cottage Sea view	AED 1815 per night	AED 2154 per night
Deluxe Suite seaview with Balcony	AED 2646 per night	AED 3021 per night
Premium Suite Villa with Plunge Pool	AED 3359 per night	AED 3697 per night

Package inclusions :-

- **02 Way Airport transfers from Trivandrum Airport**
- **One Session of Ayurveda Treatment 60-90 minutes depending on the Doctor's advice**
- **Daily Doctors Consultation**
- **Individual Ayurveda Diet Plan as per the Doctor's advice (all meals)**
- **Daily Yoga & Meditation as per Doctor's advice**
- **Daily use of Detox Tea**
- **Country Boat ride every evening in lagoon backwaters at the property.**

REJUVENATION AYURVEDA THERAPY

One of the most trusted alternative medicine – Ayurveda emphasized more on prevention than cure. At Taj Green Cove, our Lifestyle consultant will understand your unique dosh body type and then, carve a schedule for you that comprises of daily cleansing Ayurvedic therapies, yoga, meditation and cleansing procedures that will rejuvenate you.

COST IN USD PER ROOM PER NIGHT – VALID TILL 30 SEP'2019 FOR ALL THE PACKAGES

Room category	Single	Double
Superior Cottage Garden View King / Twin	AED 1882 per night	AED 2220 per night
Superior Cottage Sea view	AED 2014 per night	AED 2352 per night
Deluxe Suite seaview with Balcony	AED 2683 per night	AED 3021 per night
Premium Suite Villa with Plunge Pool	AED 3359 per night	AED 3697 per night

Package inclusions :-

- **02 Way Airport transfers from Trivandrum Airport**
- **One Session of Ayurveda Treatment 60-90 minutes depending on the Doctor's advice**
- **Daily 45 minutes Body Wraps or Herbal Facials asp Doctor's advice**
- **Individual Ayurveda Diet Plan as per the Doctor's advice (all meals)**
- **Daily Yoga & Meditation as per Doctor's advice**
- **Daily use of Detox Tea**
- **Country Boat ride every evening in lagoon backwaters at the property.**